



BED & BREAKFAST @ SEA VIEW HOUSE

Breakfast Menu:

We are lucky to be surrounded by some fantastic local produce. We have put together a menu of low food mile dishes using some of the best local produce here in the Burren and Cliffs of Moher Geopark.

Breakfast is served downstairs from 08:30hrs to 9:30hrs

Breakfast Buffet

Our Buffet tasting selection will be served to your table.

Cheese Board: MW

Selection of artisan Burren Cheese and Cheese Biscuits.

Burren Gold Cow's Cheese with Garlic and Nettle

Burren Gold Cow's Cheese with Cumin

Air Dried Salami.

Home poached Fruits of the day: MN

Stewed Apple with Cinnamon and Nutmeg.

Tea Poached Prunes with orange and lemon,

Homemade Yoghurt with Stewed Rhubarb from the garden infused with Ginger and Orange.

Breads and Homemade Jams : WEM

Homemade Brown Bread with Dulisk and seeds.

Darra's Banana Bread.

Marmalade, Strawberry and Rhubarb Jams

Breakfast Cereals on request: WN

Drinks:

Orange Juice. Apple Juice

French Press Coffee.

Herbal Tea's and Infusions.

Organic Herbal Tea Blends from the Burren.

Allergen Information - Content Symbols

W = Wheat E = Egg M = Milk F = Fish N=Nuts

Please advise if you suffer from any Food Allergies.

Cooked To Order From the Kitchen

Niall's Goats Cheese Frittata: E M 10 Food Miles

Our signature dish, this is a Frittata of our own free range eggs, award winning St Tola's goat's cheese, caramelised onions, mushrooms, tomatoes and herbs from our garden. Served with Darra's tomato chutney

Darra's Porridge: WM N 90: Food Miles

Creamed whole grain Irish oats topped with strawberries and served with soft brown sugar and a shot of Irish cream liquor.

Breakfast Kippers: FM 266: Food Miles

Smoked Herrings served with Maitre d'Hotel butter and cherry tomato's sautéed in balsamic and white wine vinegars

Eggs with Smoked Salmon: WES 35: Food Miles

Our own free range eggs scrambled, organic burren smoked salmon and served with cherry tomatoes sautéed in balsamic and white wine vinegars and toasted soda bread.

Scrambled Eggs: WEM 25: Food Miles

Our own free range eggs scrambled and served with cherry tomato's sautéed in balsamic and white wine vinegars and toasted soda bread.

French Toast WEM

French toast with cinnamon, orange and vanilla topped with fruit

Served with Real Maple Syrup. **1100 Food Miles**

Served with Burren Honey. **60 Food Miles**

Sea View Breakfast Bowl: WMN 390: Food Miles

Served cold. Overnight Irish oats, homemade granola, topped with yogurt, soft fruit and seeds.

Full Irish Breakfast: WE 50: Food Miles

Smoked Irish Bacon, premium Irish sausage, local black pudding sautéed tomato, mushroom, potato, served with a free range egg from our farm.

