



BED & BREAKFAST @ SEA VIEW HOUSE

Breakfast Menu:

We are lucky to be surrounded by some fantastic local produce. As members of the Burren Food Trail, we grow, bake, & produce the majority of our breakfast items, whilst sourcing the remaining Burren Food Trail Partners. We have put together a menu of low food mile dishes using some of the best local produce here in the Burren and Cliffs of Moher Geopark.

Breakfast is served downstairs from 08:30hrs to 9:30hrs

To Start

Darra's Porridge: 90: Food Miles WEM
Creamed whole grain Irish oats topped with strawberries and served with soft brown sugar and a shot of Irish cream liquor.

Poached Apple 100: Food Miles MN
with Cinnamon and Nutmeg served with natural yoghurt.

Poached Prunes and Apricots 1000: Food Miles M
served with natural yoghurt.

Rhubarb infused with Ginger and Orange,
topped with Strawberries and served with natural yoghurt. 20: Food Miles MW

Burren Cheese Board: 20: Food Miles MW
A tasting of Burren Cheese.
Burren Gold cow's cheese with Garlic and Nettle
Burren Gold cow's cheese with Cumin
St Tola Goats cheese served with cheese biscuits

Your breakfast includes a selection homemade breads and Jams : WEM
Homemade Brown Bread with Dulisk and seeds.
Darra's Banana Bread.
Marmalade, Strawberry and Rhubarb Jams

Drinks:
Orange Juice.
Freshly Brewed Filtered Coffee.
Herbal Teas..
Organic Herbal Tea Blends from the Burren.

Allergen Information - Content Symbols
W = Wheat E = Egg M = Milk F = Fish N=Nuts
Please advise if you suffer from any Food Allergies.

Main Breakfast

Niall's Goats Cheese Frittata: 10 Food Miles
Our signature dish, a Frittata of our own free range eggs, award winning St Tola's goat's cheese, caramelised onions, mushrooms, tomatoes and herbs from our garden. Served with Darra's tomato chutney. EM

Breakfast Kippers: 266: Food Miles
Smoked Herrings served with Maitre d'Hotel butter and cherry tomatoes sautéed in balsamic and white wine vinegars FM

Scrambled Eggs: WEM
Our own free range eggs scrambled and served with cherry tomatoes sautéed in balsamic and white wine vinegars and toasted brown bread. 25: Food Miles
Topped with Burren smoked salmon. 1100: Food Miles
Served with smoked Irish Bacon 60: Food Miles

French Toast:
French toast with cinnamon, orange and vanilla topped with fresh fruit. WEMN
Served with Real Maple Syrup. 1100 Food Miles
Served with Burren Honey. 40 Food Miles

Sea View Breakfast Bowl: 390: Food Miles
Served cold. Soaked Irish oats, homemade granola, topped with yogurt, soft fruit and seeds. WMN

Full Irish Breakfast: 50: Food Miles
Smoked Irish Bacon, premium Irish sausage, local black pudding; sautéed tomato, mushroom, potato, served with a free range egg from our farm. WE

Your rate includes a choice of one starter and one main breakfast per person.
A €10.00 charge will be added to your bill for each additional order.

