



A Gourmet Getaway in a UNESCO Global Geopark

Sea View House is a proud member of The Burren Food Trail – winners of the “European Destination of Excellence – Tourism and Local Gastronomy” (EDEN) award, which recognises local gastronomy that balances local environmental sustainability with the promotion of viable tourism.

The Burren Food Trail aims to uncover the path your food takes from field to plate. The members are passionate about their food, growing and producing it locally using traditional methods and skills. Come along and discover the secrets of the produce of the fertile rock, Ireland’s most intriguing food destination.

Day 1: Uncover the path your food takes from Farm to Fork

- Head north from Doolin along the Wild Atlantic Way, stopping off at Fanore to walk the Blackhead trail. The trail takes you through farmland where animals graze the limestone landscape.
- Be a sheep farmer for a morning, visit a working sheep farm. Take a walk with farmer Donal around the Gleninagh Lamb farm, meet the animals and hear how they are raised.
- Taste the Burren produce with lunch in Burren Fine Wine and Food at the bottom of the corkscrew hill.
- After lunch head inland to Kilfenora to Burren Free Range Pork Farm where owners Eva and Stephen raise rare breed pigs. Take a tour of the farm to meet the animals, see how they are farmed while Stephen tells you about the archaeological heritage on site.
- Spend the rest of the afternoon exploring the Burren before heading back to Doolin for dinner in one of our local restaurants, Anthony’s, OAR or Glas and some traditional music in one of the local pubs.





Day 2: Discover Farmhouse Cheese .

- Start the morning with a trip to a local farmer's market. The Ballyvaughan Farmers Market is recognised as a premium food market and is the perfect place to taste and stock up on local cheese.
- After a morning browsing and tasting, make your way to Aillwee Cave where for 30 years they have been making Gouda style farmhouse cheese called "Burren Gold" made with milk from a neighbouring farm, visit the farm shop and watch the cheese being made. While you're there, delve into the underground of the Burren, watch majestic birds of prey in flight and have lunch in the café.
- After lunch make your way south through the Burren landscape to the village of Inagh, stopping at the iconic Poulhabrone Dolmen, you will also pass Carran Church and Leamaneh Castle.
- In Inagh on the edge of the Burren you will find St.Tola Goat Farm. A family run farm where they make critically acclaimed Cheese. Meet the animals, learn about their sustainable farming practices and taste the cheese.
- Head back towards Doolin stopping off in the market town of Ennistymon. Explore the many cafes and shops. Pick up some cheese at the Cheese Press or pop into the Market House.
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SEA VIEW HOUSE

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Day 3: Taste the Ocean

- In the morning relive the experience at Sea View House by enjoying some Burren Gold cheese from our breakfast buffet or a goats cheese frittata of farm fresh eggs, tomatoes, mushrooms and caramelized onions, topped with St Tola goats cheese.
- Begin your day with a foraging walk on the land and seashore of the Wild Atlantic Way in the coastal village of Lahinch, taste edible wild plants, learn plant folklore, recipes and identification tips with local guide Oonagh of Wild Kitchen .
- Refreshed and recuperated drive the short distance inland to Lisdoonvarna to the Burren Smokehouse. Discover the secrets of how this artisan producer smokes and handcrafts their Irish organic salmon.
- Head north to the village of Ballyvaughan picking up the Wild Atlantic Way and drive north to the village of New Quay.
- Follow the footsteps of Irish poet Seamus Heaney by walking the Heritage trail at the Flaggy shore. Enjoy an ice cream from Linnalla Ice cream Café.
- Then settle down for dinner at Linnane's Lobster bar, where you can enjoy some Flaggy shore oysters by the Red Bank Food Company before heading back to Doolin for some music.



